

# VR QA Assurance: A Meta Quest Case Study

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## Abstract

The current state of virtual reality (VR) according to a decade ago is passively immersive in a variety of games, health and wellness, education, and several entertainment fields. However, the growing popularity of VR technologies demands their quality and efficiency in the applications they provide to users. This case study addresses quality assurance (QA) processes in developing Met Quest, an advanced VR system, ensuring a fluid and engaging experience for users. Other areas under investigation include various QA methodologies, tools, and techniques to face challenges such as performance optimization, user interaction, and compatibility across hardware platforms. This research analyses particular met quest QA steps, using the case study to highlight best practice and identify common pitfalls while providing insights for the larger VR development community. Because of this, the study aims at offering a more comprehensive understanding of VR QA processes to support the development of more robust, user-friendly virtual experiences.

**Keywords:** Virtual Reality (VR), Quality Assurance (QA), Met Quest, Performance Optimization, User Experience, VR Testing, Immersive Technology, Compatibility Testing, Software Development, Hardware Integration, QA Methodologies

## I. INTRODUCTION

As in many forms, virtual reality (VR) is one of the most transformative technologies available in the 21st century for any kind of application—from entertainment and games to education, health care, and industrial training[1]. Extremely innovative, perhaps at the applications front, provoking immersion from experiences such as that of the Met Quest introduced by Meta among other VR sets, is bringing out an ever-fully interactive "out-of-this-world" apparent experience aside from reality. As more of the complexity of VR technology is being developed, the relevance of Quality Assurance (QA) is exceedingly perceived because the top-notch performances, usability, and resourcefulness are to meet the highest standards. Above all, QA in this context is further complicated than the rigorous phenomenon of traditional software testing as it evaluates things from software and hardware plus user interaction and communication by immersing elements. A VR system comprises an intricate integration of hardware components such as headsets, controllers, and sensors in conjunction with the software algorithms that drive the immersive experience. Thus, the QA process with regards to applications of VR would need to be embracing wider criteria such as Performance (frame rates, latency), Compatibility, User Experience (intuitive navigation, comfort), and Accessibility (considering diverse users including people with disabilities) the basis for which it could be complete. Met Quest is an example of a new VR system showing the power of immersive technology for the mass consumer. However, like any state-of-the-art technology, it does come with certain quality assurance challenges. Hand tracking, spatial audio, and wireless freedom, which are all features of the Met Quest, are put in point by the necessity of extensive testing to ascertain their functionality across multiple conditions and environments[2]. The intricacy of VR applications matches with the variety brought forward by

hardware platforms to augment the thrust towards the need for quality assurance in this splitting area of concern, making the very fact that it's getting thrust in virtuality even more significant. The Meta Quest has made significant strides in addressing these challenges, offering advanced features like hand tracking, 6DoF (Six Degrees of Freedom) tracking, spatial audio, and wireless play, all of which require intense and varied testing protocols. Its standalone nature also makes it a unique testing challenge, as the system must maintain a high level of performance and responsiveness without the assistance of a powerful external PC or console[3]. This case study focuses on the QA methodologies and strategies adopted during the development of Meta Quest, exploring the full spectrum of testing practices from functional testing to usability testing, and evaluating the hardware-software interactions that define the system's overall quality. Through this analysis, we aim to uncover key insights into how VR quality assurance processes can be optimized, and the lessons learned from the Meta Quest can inform future VR systems and applications. Given the nascent but rapidly growing nature of VR technology, this case study serves as an important step toward standardizing QA processes for VR and offers valuable guidance to developers, testers, and designers striving to enhance the immersive experience and usability of VR applications.

## II. CHALLENGES IN VR QUALITY ASSURANCE

Quality Assurance (QA) for Virtual Reality (VR) is a vastly complicated space as it comes under this umbrella of immersive technologies, which includes a whole lot of hardware, software, and user experience. Hence VR QA delivers some challenges to the environment in which these applications are implemented, and these challenges are not found in standard software testing environments. Still, they can quite well be grouped into some categories, namely the integration of hardware and software, performance optimization, usability testing, experiments in multiple real user environments, and so on. Among them, the integration between hardware and software is probably the major concern in VR QA[4]. This is primarily because, in contrast to the fixed nature of traditional software that usually runs on a particular platform, VR systems require proper synchronization across multiple devices headsets, controllers, sensors, further including external accessories as haptic feedback-for consistent functioning within the whole system. Each component must ensure individual testing, as well as joining parts, into a larger whole. In systems like those in the Meta Quest, the standalone site presents added complexity. The headsets, therefore, have to be very well optimized to function autonomously at high performance levels. Testing the integration of devices involves these standalone devices in ensuring that the software immediately reacts to inputs but also that the hardware can cope with complex information structures where the user expects the information to be processed in real time. Performance is another very critical area of concern for VR QA. Thermal requirements demand the highest frame rates and minimal latencies for devices such as the Meta Quest to deliver an appropriate feel through immersion[5]. Loss of frames and a long interval in response to input can lead to stuttering or lag, resulting in nausea or discomfort in the use of their parts. This is now more challenging because applications for virtual reality are often very demanding of hardware capabilities. Here too, it requires complex graphics, real-time rendering, and the processing of huge data streams from a variety of sensors. Performance optimization means testing the system under different fold conditions during prolonged use, different ambient lighting, and variable motion from different users. Usability testing is also taken on board in the software because this checks that interactions in the virtual world are easy to access and to learn. Motion sickness is a hard part of usability testing: Head tracking isn't accurate or lags behind; the user's visual image and their idea of space are then disorientated. Meta Quest will therefore have to go through rigorous user testing, like other VR systems, in order to find that awesome balance between frame rates, latency, and interaction design so that it would never leave any feeling of nausea or dizziness. Drop in frame rates or longer intervals for responses of input may lead to stuttering or lag, which creates nausea or discomfort in users[6]. It is far more challenging to keep a performance level as high as possible

because a typical VR application will demand so much from hardware capabilities-complex graphics, real-time rendering, and processing massively redundant amounts of data from multiple sensors. Main Challenges in AR/VR Testing are presented in Figure 1:



**Figure 1: Challenges in VR Testing**

Performance optimization includes testing the system under many fold conditions, for example, long storage, different ambient lighting, and varying motion by different users. Testing the Meta Quest, being that it is a completely wireless and standalone device, is to include its performance under battery life and thermal conditions since both overheating and depleted battery power could negatively affect the experience. User comfort is one of the major points of letdown in adopting virtual reality[7]. Discomforts caused by user headset wear can be severe and can come in such forms as neck strain from the weight of the device on the neck to headaches due to bad ergonomics or low screen resolution. Thus, usability becomes a very important consideration in VR QA. This will ensure that the hardware is comfortable for most users, including deformed ones. Besides, usability testing is also into the software as this ensures that interactions inside the virtual world are intuitive and easy to learn. The worst aspect of usability testing is evaluating VR experiences in terms of motion sickness. Inaccuracies or lag in head tracking can create visual mismatches that disturb the user's sense of spatial awareness. Meta Quest, like all other VR systems, would therefore undergo a rigorous user testing regime to balance frame rates, latency, and interaction design that would never lead to nausea or dizziness. Testing in another is what makes VR QA very complicated. Another area where VR QA needs to improve is the area of testing it in different user environments. VR systems are meant to be used in different environments-say, at home, in an office, or in a specialized VR room-and the variance must, therefore, be taken into account during testing[8].

**Table 1: Key Challenges in VR Quality Assurance with its Impact on the QA Process**

| Challenge                      | Description  | Impact on QA                                  |
|--------------------------------|--|---|
| Hardware-Software Integration  | Synchronizing headset, controllers, and sensors          | Can cause disorientation or poor interaction  |
| Performance Optimization       | Maintaining high frame rates and low latency             | Frame drops and lag can disrupt immersion     |
| Usability and Comfort Testing  | Ensuring the system is easy to use and comfortable       | Uncomfortable controls can lead to fatigue    |
| Motion Sickness & User Comfort | Preventing mismatch between visual feedback and movement | Can cause nausea or discomfort                |
| Testing in Varied Environments | Testing across different spaces, lighting, and obstacles | Tracking errors may occur in diverse settings |

### III. TESTING METHODOLOGIES FOR VR

The challenges faced by VR QA require a shift in testing methodologies away from conventional testing methodologies for other software applications. Their combination with hardware components combined with high computational resource requirements and their focus on evaluating user experience in immersive environments warrant special testing methodologies. Automated testing remains a linchpin for most software development processes. But the requirement of a very high interaction level with the VR simulation makes it hard to automate such testing efforts. Most automated tools could only check for performance benchmarks and run scripted scenarios[9]. All they can do is automate the tests run in certain scripted scenarios, which are not sufficient to measure the effects of sensory stimulation and interaction that characterize a VR simulation. Manual testing becomes prominent in assessing the utilization of the environment in real-time interaction from the users to measure how well such inputs get registered and the automatic responses to various gestures and potential voice commands. Automated scripts could check for specific frame rates or latency but could not replicate sensory feedback or the subjective experience of interacting with VR in real-time[10]. Performance testing in VR is not only concerned with measuring latency and load times; it is much wider. The VR applications are heavily depended on the continuous measuring of frame rate (frames per second), latency (time taken for a user's action to reflect on the screen), and rendering quality changes. The frame rates must be kept at a high level (usually 60-90 FPS) so as to ensure a smooth motion and better comfort. Any performance drops may break the immersive experience; thus, VR testers deploy some specialized tools to check system performance while under static and dynamic situations[11]. Such situations may include performance under intense gameplay, extensive graphical rendering, and why not. Among the most critical in such testing is user experience. VR should not only cater to the functionality check of applications, but rather preparing an environment where users feel like visiting the space and easily navigate through a virtual world. QA testers diversify their methods from focus groups to user feedback sessions and even play testing to ensure the user experience meets threshold quality specifications. This kind of testing revolves around identifying possible risk areas around confusion in an interface, difficulty in navigation, and even discomfort due to user controls[12]. Accessibility to all users with their different needs forms another crucial part of the VR QA. The users made the experience include those with physical disabilities, those partially blind or completely blind, and those with hearing impairments. This VR accessibility testing generally tends to look at how features such as voice control, visual adjustments such as font size and contrast modes, and motion aids such as teleportation for users with mobility impairment fare in the system. Meta Quest has been designed with accessibility in mind but requires thorough testing to ascertain that its design configurations are capable of serving a diverse user base.

### IV. LESSON LERNED AND BEST PRACTICES FOR VR QA:

The learning gleaned from developing and testing Meta Quest-like VR systems may provide some diversion for the current VR community, making it easier to recommend challenges and tips in the area of QA in immersive technologies. An application in VR is very dynamic, and with feedback from users-it is continuous engagement throughout the development process. Testing early and then repeating and updating provides better assurance of nipping bugs before they disrupt the end user's experience[13]. With the creative feedback from use of real users, many times, these problems manifest after a certain duration or repetition of time use (like comfort or motion sickness). QA of VR should not end in functional testing or performance indexes as part of it. It should take a more holistic view of usability, hardware performance, and user comfort to ensure that high-quality VR experiences could be realized. Figure 2 shows certain practices to achieve the best results in **QA software testing**. These practices ensure your software is reliable, secure, and meets user expectations:



**Figure 2: Best Practices for QA Software Testing**

A developer and tester approach virtual reality applications from the perspective of the user: very small technical failure might have disproportional effects on immersion for them as users. The VR system complexity allows effective QA with tight cooperation between hardware and software development[9]. For example, Meta Quest's performance depends on both its software ability to process data in real-time and the hardware to support that processing without overheating or causing lag. Regular communication among hardware and software teams enhances the expected optimization results and testing in sync. Finally, testing should not be limited to the core hardware platform. It may be standalone, but the Meta Quest must be tested with various hardware configurations before a release. Compatibility must be ensured in relation to all the accessories, external devices, and newer software versions[14].

## V. CONCLUSION

In conclusion, this makes quality assurance an integral part of VR which is multifaceted and covers a specific area of knowledge and tools that allow the maximum achievement in performance, usability, and compatibility. The study is the case of Met Quest asserting that great QA processes can make a significant difference in the user experience while addressing a range of hardware integration, performance tuning, user interface design, and comfort issues. As VR keeps advancing and its penetration becomes firm in most sectors, this case study brings forth lessons learned that would be of benefit to developers, testers, and researchers. Adopting QA approaches that are comprehensive while being user-centered promises the VR industry of future applications that will not only fit technical standards but also provide engaging, immersive, and accessible experiences for all users.

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